



# *Shinkyokushin*

*a Sport in Top Condition*

Belgian Karate Organisation Shinkyokushin

Dear Shihan, Sensei, Sempai,

Hereby we are very proud and honored to invite you to the 6th International Open

## ***“Antwerp Diamond Cup 2011”***

Looking back at the overwhelming success of “The Antwerp Diamond Cup 2009”, we have decided to organize one big international tournament in 2011 as a preparation for the European Championship of 2012 in Antwerp. Both tournaments will include **kumite** as well as **kata**. The Diamond Cup will be an open tournament for every style and organization. Our purpose is to create a tournament based on true friendship and respect.

***The Antwerp Diamond Cup will take place in the “Arena Hal” in Deurne near Antwerp (Belgium)  
on Saturday 28<sup>th</sup> of May 2011.***

The categories will be as follows:

Male -70 kg / -80 kg / -90 kg / + 90kg

Female -57 kg / -65 kg / + 65 kg

Nice trophies will be reached out to each category. Every winner with a first place will also receive a Diamond with an official certificate. In attachment you can find all details and rules about the tournament; you can also look at our official Tournament website [www.bkoshinkyokushin.be](http://www.bkoshinkyokushin.be) where you can find all the necessary information. We wish you a lot of karate pleasure!

Yours sincerely,

OSU

Sensei Koen Spitaels

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# 1. The Antwerp Diamond Cup – Kumite

## The categories will be as follows:

| <b><i>Kumite MEN (born in 1992 and older)</i></b> |        | <b><i>Kumite WOMEN (born in 1992 and older)</i></b> |        |
|---|--------|---|--------|
| Men Light weight                                  | -70 kg | Women Light weight                                  | -57 kg |
| Men Middle weight                                 | -80 kg | Women Middle weight                                 | -65 kg |
| Men Heavy weight                                  | -90 kg | Women Heavy weight                                  | +65 kg |
| Men Super Heavy weight                            | +90 kg |   |        |

## Competition rules:

The competition rules will be according to the International Shinkyokushin Rules:

- Fight takes 3 minutes (in case of no decision)
- Extension of 2 minutes (in case of no decision)
- Weight check (in case of no sufficient difference in weight, see table below))
- Extension of 2 minutes: decision must be made = enchosen

In the finals there will be NO decision based on weight difference!

| <b><i>MEN</i></b>            | <b><i>WOMAN</i></b> |                      |              |
|------------------------------|---------------------|----------------------|--------------|
| Light-, middle-, heavyweight | 5 kg or more        | Light-, middleweight | 3 kg or more |
| Super Heavyweight            | 10 kg or more       | Heavyweight          | 5 kg or more |

## Protection:

| <b><i>MEN</i></b>              | <b><i>WOMAN</i></b>                          |
|--------------------------------|--|
| Groin protection is obligatory | Breast protection (only a cup type is aloud) |
| Mouth protection is optional   | Shin protection                              |
|                                | Mouth protection is optional                 |

## Weighing and medical check:

The weighing will take place on Friday the 27<sup>th</sup> of May from 19.00h till 21.00h in the official Tournament hotel. For people from nearby an additional weighing will take place the day of the tournament in the sports hall from 10.00h till 11.00h.

Please be aware that the weights on the entry forms should be filled in correctly. The draw of the fights will be made on Thursday. Afterwards, no changes in category can take place anymore. If your weight is not correct, you will be disqualified. Please note that the weight check before the tournament will count for the whole tournament.

## Conditions for participating in the Championship for fighters:

All competitors are requested to present a written medical certificate (in English or Dutch) indicating that he or she is physically fit and healthy. This certificate must not be older than 3 months. See enclosure.

## 2. The Antwerp Diamond Cup - Kata

### The categories will be as follows:

- **Children till 10 years:**
  - Category 1: Children till 10 years white and blue belts  
Obligatory katas white and orange: Taikyoku sono ichi en Taikyoku sono ni  
Obligatory katas blue: Taikyoku sono san en Pinan sono ichi
  
- **Children 11 till 16 years:**
  - Category 2: Children 11 till 16 years white and blue belts  
Obligatory katas white and orange: Taikyoku sono ichi en Taikyoku sono ni  
Obligatory katas blue: Taikyoku sono san en Pinan sono ichi
  
  - Category 3: Children 11 till 16 years yellow and green belts  
Obligatory katas yellow: Pinan sono ichi, Pinan sono ni en Pinan sono san  
Obligatory katas green: Pinan sono ni, Pinan sono san en Pinan sono yon
  
- **Juniors and adults (+16):**
  - Category 4: Juniors and adults white and blue belts  
Obligatory katas white and orange: Taikyoku sono ichi en Taikyoku sono ni  
Obligatory katas blue: Taikyoku sono san en Pinan sono ichi
  
  - Category 5: Juniors and adults yellow and green belts  
Obligatory katas yellow: Pinan sono ichi, Pinan sono ni en Pinan sono san  
Obligatory katas green: Pinan sono ni, Pinan sono san en Pinan sono yon
  
  - Category 6: Juniors and adults brown belts  
Obligatorily katas: Pinan sono yon, Pinan sono go, Yantsu, Tsuki no Kata, Gekisai Dai
  
  - Category 7: Juniors and adult black belts - Women  
Obligatory katas : Yantsu, Tsuki no Kata, Saiha, Gekisai Sho, Gekisai Dai
  
  - Category 8: Juniors and adult black belts - Men  
Obligatory katas : Yantsu, Tsuki no Kata, Saiha, Gekisai Sho, Gekisai Dai

The remaining participants after the first and second round will depend of the number of participants.

### **Demonstration of a compulsory kata:**

- The announcer calls the competitor (entry-number, name and country of the person).
- The competitor steps to the rim of the demonstration area and makes a bow.
- On the command of the main judge (Nakai), the competitor steps to the starting line and makes a bow to the judge.
- The main judge takes randomly one of the kata cards – which contain the names of the compulsory katas – and announces the kata which must be performed.
- The competitor repeats the name of the kata loudly.
- On the command of the main judge the competitor starts the demonstration.  
For instance: “Mokuso – Tsuki no Kata – Yoi - mogore hajime”.
- Once the kata is completed, the competitor waits for the command of the main judge “Naore! Yasume”.
- The competitor steps back to the starting line and waits for the decision.

### **Demonstration of a free Kata:**

- The starting procedure is the same as explained above for the compulsory kata.
- After the bow the competitor announces loudly the name of the kata he/she is going to perform.
- The main judge repeats the announced kata name loudly.
- On the command of the main judge the kata demonstration starts.
- The ending procedure is the same as explained above for the compulsory kata.

### **Three different rounds:**

- The first round will be a free Kata.
- The second round will be a compulsory kata.
- The finals will be a free kata.

### 3. Preliminary Schedule

|                            |                 |                            |
|----------------------------|-----------------|----------------------------|
| <b>27.05.2011 Friday</b>   | 19:00h – 21:00h | Weight control (hotel)     |
| <b>28.05.2011 Saturday</b> | 08:00h          | Doors open Arena hall      |
|                            | 09:00h          | Referee meeting Kata       |
|                            | 09:30h          | Start Diamond Cup - Kata   |
|                            | 10.00h – 11:00h | Extra weight control       |
|                            | 12:00h          | Referee meeting Kumite     |
|                            | 13:00h          | Start Diamond Cup - Kumite |
|                            | 20:30h          | Sayonara Party (hotel)     |
| <b>29.05.2011 Sunday</b>   | Before 12h      | Check-out and departure    |

### 4. Financial Conditions

- Accommodation, flight tickets and transportation for all participants shall be covered by Country Organization, Club or participant him/herself.
- Diamond Cup Kata participant fee is 10 Euro for each participant which also includes lunch. If you also wish to go to the Sayonara Party, total fee will be 30 euro.
- Diamond Cup Kumite participant fee is 30 Euro for each participant which includes lunch and Sayonara Party ticket.
- When participating at the Kata and Kumite tournament, the total fee remains 30 euro.
- Coaches                                2 coaches per team are free of entry.
- Judges/referees                      Free of entry (Food and drinks will be available during the tournament)
- Spectators                              Entrance ticket

|                          |      |
|--------------------------|------|
| Under 8 years            | Free |
| Children 8 till 12 years | 5€   |
| Adults                   | 10€  |
| VIP                      | 40€  |

- VIP tickets                              These tickets include tournament entrance, VIP room entrance with food (sushi buffet) and drinks, best seats at the tatami area.
- Sayonara Party                        After the tournament a great **Sayonara Party** will take place at the official tournament hotel with a walking dinner at the hotel restaurant and dance music at the disco in the hotel.
  - Start 20.30h                          Till early in the morning
  - Entrance                                25€ for everyone

## 5. Information

|                                      |  |
|--------------------------------------|--|
| <b><u>Tournament Office:</u></b>     | Diamond Cup Office   |
| <u>Telephone nr:</u>                 | 0032.478.511.096 (Sensei Koen Spitaels)  |
| <u>Email:</u>                        | <a href="mailto:niji_yama@hotmail.com">niji_yama@hotmail.com</a>   |
| <u>Website:</u>                      | <a href="http://www.BKOshinkyokushin.be">www.BKOshinkyokushin.be</a>   |
|                                      | During the event our office will be at the official hotel lobby!   |
| <br>                                 |  |
| <b><u>Financial Information:</u></b> | KBC Bank & Verzekeringen   |
|                                      | Bredabaan 327, 2930 Brasschaat (Belgium)   |
|                                      | Telephone: 0032/3/6503130  |
| <u>Account Name:</u>                 | BFKK   |
| <u>BIC Code:</u>                     | KREDBEBB   |
| <u>IBAN Code:</u>                    | BE79 4120 1530 2133  |
| <br>                                 |  |
| <b><u>Tournament Hotel:</u></b>      | Ramada Plaza Antwerp   |
|                                      | Desquinlei 94  |
|                                      | 2018 Antwerp (Belgium)   |
| <br>                                 |  |
| <u>Check in:</u>                     | Friday 27-05-2011 (from 15.00h at the hotel tournament desk)   |
| <u>Check out:</u>                    | Sunday 29-05-2011 before 12.00h  |
| <u>Reservation:</u>                  | Only possible through the Belgian BKO Shinkyokushin Organisation<br>Send us your reservations <b>before 26<sup>th</sup> of April</b>   |
| <br>                                 |  |
| <b><u>Prices:</u></b>                | These net rates are VAT, service and breakfast included.   |
| <u>Single room:</u>                  | 75€ per person / per night   |
| <u>Double room:</u>                  | 55€ per person / per night   |
| <u>Triple room:</u>                  | 45€ per person / per night (these rooms are limited)   |
| <br>                                 |  |
| <b><u>Parking:</u></b>               | A parking area with a capacity of 150 cars is located under the hotel.<br>Rates are 10€ / day (reservation along with the hotel is required).  |
| <br>                                 |  |
| <b><u>Airport bus service:</u></b>   | When you arrive at the Belgian National airport, you can take the bus service to Antwerp (Crown Plaza Hotel). This is 300 meter from the Official tournament Hotel. Also for your departure back to the airport you can take this bus service. This service will cost 10 € one way / per person. |
| <br>                                 |  |
| <b><u>Tournament:</u></b>            | Arena Hall<br>Arenaplein 1<br>2100 Deurne (Belgium)  |

**Judges and referees:**

Judges and referees are more than welcome!!

Please provide us your application the soonest possible.

**Uniform:**

Uniforms of judges and referees are according your organization uniform rules

Pants: Black or grey color

Skirt: Dark blue color or white

**Application and reservation forms:**

Attached you can find the tournament application and reservation forms for the participants. Please send these documents **before April 26th** to our office: [niji\\_yama@hotmail.com](mailto:niji_yama@hotmail.com)

After this date no more application or cancellation will be accepted.

Applications can only be accepted when all required documents and payment have been received on time.

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